

# Hugglescote Surgery

## PATIENT PARTICIPATION GROUP MEETING MINUTES

**Date:** Thursday 14<sup>th</sup> March 2024

**Time:** 1:00pm

**Venue:** Hugglescote Surgery - Health Promotion Room

**Attendees:** Peter Shelton, Alan Ryder, Rosie Ryder, David Wood, Janet Wood,

**For the practice:** Melissa Coleman (chair), Amy Birch (minutes), Dr Helen Kay (Salaried GP), Nic Wharmby (Assistant Practitioner)

**External:** Georgia (Active Together)

**Apologies:** Colin Mason, Bob White, Joy White

Item	Details
1.	<p>External Speaker <b>Georgia – Active Together</b></p> <ul style="list-style-type: none"><li>Supporting the practice to achieve 'Active Practice Accreditation'.</li><li>GP led walking group suggestion</li></ul>
2.	<p><b>Team News</b></p> <ul style="list-style-type: none"><li><u>Reception Team</u><ul style="list-style-type: none"><li>Olivia – Leaver March</li><li>3 x vacancies</li></ul></li></ul>

3.	<p><b>Other Practice News</b></p> <ul style="list-style-type: none"><li><u>Routine Appointment Availability</u> Next available appointments are:<ul style="list-style-type: none"><li>22/02/2024 at Hugglescote (face-to-face or telephone)</li></ul></li><li><u>Research</u><ul style="list-style-type: none"><li>Practice aiming to achieve tier 4, enabling more research projects for patients to enter and additional income for the practice.</li></ul></li><li><u>LLR PPG Network meeting dates.</u><ul style="list-style-type: none"><li>Thursday 28<sup>th</sup> March 2024, 11am-12.30pm via Zoom</li><li>Peter Shelton volunteered to attend the next meeting as our PPG representative.</li></ul></li><li><u>Lifestyle Medicine</u><ul style="list-style-type: none"><li>Dr Kay presented.</li><li>Lifestyle medicine is evidence-based discipline which aims to support patients to</li></ul></li></ul>
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	<p>prevent, manage and reverse certain chronic conditions, using supported behaviour change skills and techniques to create, and sustain lifestyle changes.</p> <ul style="list-style-type: none"> <li>○ GPs and Nursing Team discuss lifestyle change benefits during consultations and chronic disease management reviews.</li> <li>○ The Practice are working alongside Active Together to seek positive lifestyle improvements for patients and staff alike.</li> </ul>
<b>4.</b>	<p><b>Patient Question Time</b></p> <ul style="list-style-type: none"> <li>• Contact Keith Merry (Councillor) - Parking</li> </ul>
<b>5.</b>	<p><b>Any other business</b></p>
<b>6.</b>	<p><b>Date and Time of Next Meeting</b></p> <ul style="list-style-type: none"> <li>• Thursday 25<sup>th</sup> April 1pm</li> </ul>